



# SoLe Adventures

Weekly experiential learning for Children with Autism across Central Vancouver Island Region

For ages 8 and up  
Since 2012  
Locations & Times TBD  
Costs vary depending on your need

Minimum 3 month committed registration required

Limited space available, book early

All activities can be used to support teachable outcomes within school requirements

## Option 1

### ***Nature-Based Exploration (low risk)***

All of our adventures are in nature, whether it is to explore, discover or create. It is best to work with the interest of the child(ren) and develop life skills through what we like to call an Adventure Non-Intervention approach. Rather than intervening in the behavior, we use adventure and a more hands-off approach to support internal motivation so that the child wants to generate change from within, rather than altering the behavior through intervention. As we are creatures of habit, returning to the same natural space over and over creates a sense of place and identity, allowing our young friends to develop social and emotional skills in a place they are comfortable with. These locations include more remote settings at rivers, lakes, ocean front and in the forest.

(Activities vary depending on affordability, further costs may apply, such as rentals and transportation)

## Option 2 [higher rate of pay]

### ***Higher Risk Adventures, for those who have demonstrated ability to listen to direction***

These activities include, yet are not limited to: indoor rock climbing, caving, kayaking, swimming, wilderness survival, questing, exploration and discovery in new territory.

**Register today!**

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